



Underlying reasons for Moe's behaviours might be:

- Prefers his own company
- Likes to keep or carry out a routine
- No structure to free times, doesn't know what to do
- Avoids busy areas - needs quiet, doesn't like noise; crowds; smells
- Lacks skills to get into social group/discussion (hasn't learned because of previous lack of involvement)
- No friends
- Different interests from peers / may be at different level of maturity
- Poor self-image
- Fear of bullying

THINK ABOUT

- Designated safe/quiet place
- Interest groups at break times (especially same interest as Moe)
- Structured social activities at breaks
- Buddies/peer support/ Circle of Friends/ Nurture Group
- Goal setting (e.g. 5 minutes with buddy on an activity) needs to be part of planned teaching and supported by staff
- Boosting self-confidence by providing role in school eg library/ cafe on certain days
- 'Drop-in' session – needs to be staffed
- Breaks at different times may be suggested but this tends not to be practical, or a positive way to address issues
- Sometimes it's ok to be on your own to think your own thoughts (if it is a conscious choice)